

AUGUST 2018

FHES/HES/WES

- PRE-K – 6TH GRADE STUDENTS CAN RECEIVE BREAKFAST AND LUNCH AT NO COST.
- MEALS MUST INCLUDE ½ CUP FRUIT AND/OR VEGGIE TO COUNT AS A MEAL.
- STUDENTS HAVE TO PAY FOR EXTRA ITEMS- EXTRA ENTREES, CHIPS, ICE CREAM, ETC.

Monday

Tuesday

Wednesday

Thursday

Friday



6

7

1

2

3

BREAKFAST
BREAKFAST SANDWICH

8

PIZZA BAR
CORN
GARDEN SALAD

BREAKFAST
WAFFLES

9

CRISPITO
FIESTA RICE
CHEESE SAUCE/TORTILLA CHIPS
SALSA/JALPENOS

BREAKFAST
SAUSAGE BISCUIT

10

CHICKEN SANDWICH OR
CHICKEN POPPERS
BAKED CHIPS/COOKIE

BREAKFAST
ASSORTED BISCUITS

13

CHICKEN TENDERS
CREAMED POTATOES
GREEN BEANS
ROLL

BREAKFAST
PANCAKES

14

TACO SALAD
WITH GROUND BEEF
DORITOS
TACO TOPPINGS

BREAKFAST
BREAKFAST SANDWICH

15

PIZZA BAR
CORN
GARDEN SALAD

BREAKFAST
WAFFLES

16

BAKED CHICKEN
CREAMED CORN
COLLARD GREENS
BLACK-EYED PEAS/CORNBREAD

BREAKFAST
SAUSAGE BISCUIT

17

HAMBURGER
OR CHEESEBURGER
LETTUCE/TOMATO/PICKLE
BAKED CHIPS/COOKIE

BREAKFAST
ASSORTED BISCUITS

20

CHICKEN TENDERS
CREAMED POTATOES
GREEN BEANS
ROLL

BREAKFAST
PANCAKES

21

CHICKEN OR CHEESE
QUESADILLA
REFRIED BEANS
FIESTA RICE

BREAKFAST
BREAKFAST SANDWICH

22

PIZZA BAR
CORN
GARDEN SALAD

BREAKFAST
WAFFLES

23

BAKED SPAGHETTI
WITH BREADSTICK
OR
HOTPOCKET
SALAD/STEAMED VEGGIES

BREAKFAST
SAUSAGE BISCUIT

24

CHICKEN SANDWICH OR
CHICKEN POPPERS
POTATO WEDGES/COOKIE

BREAKFAST
ASSORTED BISCUITS

27

CHICKEN TENDERS
CREAMED POTATOES
GREEN BEANS
ROLL

BREAKFAST
PANCAKES

28

CRISPITO OR
CHICKEN NACHO
CHEESE SAUCE/TORTILLA CHIPS
SALSA/JALPENOS
FIESTA RICE/GARDEN SALAD

BREAKFAST
BREAKFAST SANDWICH

29

PIZZA BAR
CORN
GARDEN SALAD

BREAKFAST
WAFFLES

30

HOT WINGS OR CHICKEN POPPERS
BAKED FRIES
CELERY/CARROTS W/RANCH
BREADSTICK

BREAKFAST
SAUSAGE BISCUIT

31

HAMBURGER
OR CHEESEBURGER
BAKED BEANS
LETTUCE/TOMATO/PICKLE
BAKED CHIPS/COOKIE

BREAKFAST- ASSORTED CEREAL/CEREAL BARS SERVED DAILY

*MENU SUBJECT TO CHANGE

BREAKFAST & LUNCH - VARIETY OF FRUIT, 100% FRUIT JUICE, AND ICE COLD MILK SERVED DAILY

