

FFC/FHS Menu





May 2017



	Breakfast	Lunch Choice 1	Lunch Choice 2
Monday May 1	Sausage/Biscuit/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Hot Dog or Corn Dog/Tater Tots Multiple Veggies Offered Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Tuesday May 2	Chicken/Biscuit/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Beef Nachos/Tortilla Chips/Pinto Beans Cheese Sauce/Salsa/Jalapenos/Sour Cream Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Wednesday May 3	Pancakes/Sausage Links/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Regular or Spicy Chicken Sandwich/Chips Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Thursday May 4	Sausage/Biscuit/Hash Browns Fruit Cereal/Cereal Bar/Muffin	Roast & Gravy/Mashed Potatoes/Green Peas/Roll Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Friday May 5	Ham & Cheese Biscuit/Fruit Assort Juice Cereal/Cereal Bar/Muffin	Pizza or Hot Pocket/Corn Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Monday May 8	Sausage/Biscuit/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Chicken Bites/Roasted Potatoes/Green Beans/Biscuit Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk

Tuesday May 9	Ham/Scrambled Eggs/Biscuit Fruit/Assort Juice/Milk Cereal/Cereal Bar/Muffin	Beef Nachos/Tortilla Chips/Pinto Beans Cheese Sauce/Salsa/Jalapenos/Sour Cream Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Wednesday May 10	Chicken/Biscuit/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Cheeseburger or Chicken Sandwich/Chips Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Thursday May 11	Waffles/Sausage Links/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	BBQ Sandwich/Fries/Baked Beans Multiple Veggies Offered Daily Assort Fruit & Juice/Cookie/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Friday May 12	Cinnamon Roll/Sausage Links Assort Juice/Milk Cereal/Cereal Bar/Muffin	Pizza or Hot Pocket/Corn Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Monday May 15	Sausage/Biscuit/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Hot Dog/Chili Sauce/Cheese/Fries Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Tuesday May 16	Chicken/Biscuit/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Beef Nachos/Tortilla Chips/Pinto Beans Cheese Sauce/Salsa/Jalapenos/Sour Cream Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich Side Salad Cheese Crackers/Fruit/Milk Parfait Meal/Veggies/Assort Juice/Milk

Wednesday May 17	Pancakes/Sausage Links/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Hot Ham & Cheese or Chicken Sandwich/Baked Beans Fries Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB & J Sandwich Side Salad Cheese Crackers/Fruit/Milk Parfait Meal/Veggies/Assort Juice/Milk
Thursday May 18	Sausage or Chicken Biscuit/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Chicken/Potatoes/Green Beans/Biscuit Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/Assort Juice/Milk
Friday May 19	Cinnamon Roll/Sausage Links Assort Juice/Milk Cereal/Cereal Bar/Muffin	Pizza or Hot Pocket/Corn Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Sliders or PB&J Sandwich or Pizza Side Salad Cheese Crackers/Fruit/Assort Juice/Milk Parfait Meal/Veggies/
Monday May 22	Pancakes/Sausage Links/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Regular or Spicy Chicken Sandwich/Chips Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait Meal/Veggies/Assort Juice/Milk
Tuesday May 23	Cinnamon Roll/Fruit Assort Juice/Milk Cereal/Cereal Bar/Muffin	Pizza or Hot Pocket/Corn Multiple Veggies Offered Daily Assort Juice & Fruit/Milk	Parfait Meal/Veggies/Assort Juice/Milk
Wednesday & Thursday May 24 & 25	Sausage or Chicken Biscuit Fruit/Assort Juice/Milk Cereal/Cereal Bar/Muffin	Breakfast Only	
Friday May 26		GRADUATION!!!! Have a safe and restful summer!!!	

Menu Subject to Change

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Office of the Assistant Secretary for Civil Rights
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- (3) email: program.intake@usda.gov.

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