

FFC/FHS Menu



August 2018



	Breakfast	Lunch Choice 1	Lunch Choice 2
Wednesday August 8	Sausage/Chicken/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pizza/Corn Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Thursday August 9	Waffles/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Crispitos/Pinto Beans/Tortilla Chips/Cheese Sauce/Rice Salsa/Jalapenos Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Friday August 10	Sausage/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Sandwich or Chicken Poppers/Chips Sliced Pickles/Cookie Multiple Veggies Offered Daily Assort Fruit & Juice/Milk Honey Mustard/Ketchup/Sweet & Sour/BBQ Sauce/Mayo	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Monday August 13	Sausage or Chicken/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Tenders/Creamed Potatoes/Green Beans/Roll Multiple Veggie Offered Daily Assort Fruit & Juice/Milk Honey Mustard/Ketchup/Sweet & Sour Sauce/BBQ Sauce	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Tuesday August 14	Cinnamon Roll/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Taco Salad/Doritos/Pinto Beans/Rice Multiple Veggies Offered Daily Assort Juice/Fruit/Milk Shredded Cheese/Sour Cream/Taco Sauce Jalapenos/Black Olives/Salsa.	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Wednesday August 15	Ham & Cheese Croissant Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pizza/Corn Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk

Thursday August 16	Pancakes/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Baked Chicken/Collard Greens/Black-Eyed Peas Cornbread Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Friday August 17	Sausage/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Cheeseburger/Chips/Pickles/Cookie Multiple Veggies Offered Daily Assort Fruit & Juice/Milk Ketchup/Mustard/Mayo	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Monday August 20	Chicken or Sausage Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Steak & Gravy/Creamed Potatoes/Green Peas/Roll Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Tuesday August 21	Cinnamon Roll/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Crispitos/Pinto Beans/Tortilla Chips/Cheese Sauce/Rice Salsa/Jalapenos Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Wednesday August 22	Ham & Cheese Croissant Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pizza/Corn Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Thursday August 23	Waffles/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Alfredo/Broccoli/Breadstick Multiple Veggies Offered Daily Assort Juice/Fruit/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Friday August 24	Sausage/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Sandwich/Chicken Poppers/Chips Sliced Pickles/Cookie Multiple Veggies Offered Daily Assort Juice/Fruit/Milk Honey Mustard/Ketchup/Sweet & Sour/BBQ/Mayo	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Monday August 27	Chicken or Sausage Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Tenders/Creamed Potatoes/Green Beans/Roll Multiple Veggies Offered Daily Assort Juice/Fruit/Milk Honey Mustard/Ketchup/Sweet & Sour/BBQ	Parfait or PB&J Meal/Veggies Assort Juice/Milk

Tuesday August 28	Cinnamon Roll/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Taco Salad/Doritos/Pinto Beans/Rice Multiple Veggies Offered Daily Assort Juice/Fruit/Milk Shredded Cheese/Sour Cream/Taco Sauce Jalapenos/Black Olives/Salsa	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Wednesday August 29	Ham & Cheese Croissant Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pizza/Corn Multiple Veggies Offered Daily Assort Fruit/Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Thursday August 30	Pancakes/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pulled Pork/Baked Potato/Baked Beans/Roll Chocolate Chip Muffin Multiple Veggies Offered Daily Assort Juice/Fruit/Milk Shredded Cheese/Bacon Bits/Sour Cream/Butter BBQ Sauce/Ketchup	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Friday August 31	Sausage/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Cheeseburger/Chips/Cookie/Pickles Multiple Veggies Offered Daily Assort Juice/Fruit/Milk Ketchup/Mayo/Mustard	Parfait or PB&J Meal/Veggies Assort Juice/Milk
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