


FFC/FHS Menu



November 2017



	Breakfast	Lunch Choice 1	Lunch Choice 2
Wednesday November 1	Pancakes/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Spicy or Regular Chicken Sandwich/Chips Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Thursday November 2	Sausage/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Thanksgiving Meal Dressing/Cranberry Sauce/Roll Sweet Potatoes/Green Beans Multiple Veggies Offered Daily Dessert/Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Friday November 3 Special Olympics	Cinnamon Roll/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pizza/Corn/Cookie Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Monday November 6	Sausage or Chicken Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Tenders/Green Peas/Mashed Potatoes/Roll Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Tuesday November 7	Sausage/Biscuit/Hash Browns Assort Juice/Fruit/Milk Cereal/Cereal Bar	Beef or Chicken Nachos/Tortilla Chips/Cheese Sauce Pinto Beans/Sour Cream/Salsa Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Wednesday November 8	French Toast Sticks/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Cheeseburger/Potato Wedges Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk

Thursday November 9	Sausage/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pizza/Corn/Cookie Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Friday November 10	No School Veterans Day		No School Veterans Day
Monday November 13	Sausage or Chicken Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Bites or Hot Wings/Fries/Celery Sticks/Breadstick Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meals/Veggies Assort Juice/Milk
Tuesday November 14	Ham/Scrambled Eggs/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Taco Salad Beef or Chicken/Corn Chips/Pinto Beans/Rice Multiple Veggies Offered Daily Assort Fruit & Juice/Milk Shredded Cheese/Sour Cream/Salsa Taco Sauce/Jalapenos	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Wednesday November 15	Pancakes/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Corn Dogs/Tater Tots/Baked Beans Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Thursday November 16	Cinnamon Rolls/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Spaghetti/Green Beans/Garlic Bread Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Friday November 17	Sausage/Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Pizza/Corn/Cookie Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk

November 20 thru November 24 Thanksgiving Holiday			
Monday November 27	Sausage or Chicken Biscuit Assort Juice/Fruit/Milk Cereal/Cereal Bar	Chicken Tenders/Green Beans/Mashed Potatoes/Roll Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Tuesday November 28	Sausage/Biscuit/Hash Browns Assort Juice/Fruit/Milk Cereal/Cereal Bar	Crispitos/Pinto Beans/Rice/Salsa/Cheese Sauce Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Wednesday November 29	French Toast Sticks/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	BBQ Sandwich/Potato Wedges/Baked Beans/Mustard Slaw Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk
Thursday November 30	Cinnamon Rolls/Sausage Links Assort Juice/Fruit/Milk Cereal/Cereal Bar	Taco Soup/Fritos/Shredded Cheese/Sour Cream Multiple Veggies Offered Daily Assort Fruit & Juice/Milk	Parfait or PB&J Meal/Veggies Assort Juice/Milk

Menu Subject to Change

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